**Table 1**

## Indications for routine and fast track referral

### Routine referral

Asymptomatic women with:

- An enlarged fibroid uterus that is palpable abdominally
- Fibroids distorting the uterine cavity on ultrasound scan (submucous fibroids)
- An ultrasound scan report that measures the fibroid uterus as larger than 12 cm in length[3]

Women with:

- Fibroids associated with heavy menstrual bleeding that has not responded to medical treatment
- Pressure symptoms from large fibroids
- Fertility or obstetric problems associated with fibroids

### Fast track referral

- Women with rapid onset and progressive symptoms or rapidly enlarging fibroids as these symptoms are suspicious of leiomyosarcoma
- Postmenopausal women presenting with enlarging fibroids or vaginal bleeding
- Women with fibroids with any other features of cancer e.g. abnormal bleeding or weight loss