

Box 2

BSR recommended regimen for dose reduction of steroids

Prednisolone dose

First dose	15 mg daily for 3 weeks
Followed by	12.5 mg daily for 3 weeks
Followed by	10 mg daily for 4-6 weeks

Then reduce dose by 1 mg every 4-8 weeks or
alternate day reductions (e.g. 10 mg/7.5 mg alternate days)