

Table 4

Guidelines relevant to complex post-traumatic reactions

Complex PTSD

ISTSS Expert Consensus Treatment Guidelines for Complex PTSD in Adults⁴⁹

PTSD (but relevant to complex PTSD)

- NICE. CG26²³
- International Society for Traumatic Stress Studies⁵⁰
- Clinical Resource Efficiency Support Team (CREST), part of the Northern Ireland Health Service⁵¹
- Australian Centre for Posttraumatic Mental Health, 2007⁵²

Dissociative disorders

International Society for the Study of Trauma and Dissociation⁵³