

Table 1**Examples of type 1 and type 2 (complex) trauma**

Type 1 trauma	Type 2 complex trauma
Fire or explosion	Childhood sexual abuse
Car accident	Childhood physical abuse
Industrial accident	Repeated domestic violence
Physical assault	Captivity ● Kidnapped ● Abducted ● Held hostage ● Prisoner of war ● Concentration camp
Sexual assault	Sex trafficking or slave trade
Sudden violent death ● Homicide ● Suicide	Exposure to genocide or other forms of organised violence
Single event combat trauma	Prolonged exposure to war as civilian or military veteran

Disasters are not included as they are so variable in terms of their characteristics