Table 2

Truelove and Witts' criteria for assessing disease severity in ulcerative colitis[2]

Mild	Moderate	Severe
● Stool frequency ≤ 4 in 24 hours ● No systemic features	● Stool frequency 4–6 in 24 hours ● No pyrexia ● No tachycardia ● ESR ≤ 30mm/hr ● No anaemia	● Stool frequency ≥ 6 in 24 hours plus one or more of: — Pyrexia (>37.8°C) — Tachycardia > 90 bpm — ESR ≥ 30mm/hr — Anaemia