Table 3

Common memory complaints

Non-worrying memory complaints

- Forgetting why you have gone into a room
- Misplacing glasses, keys, wallet
- Inability to remember names of people you have just met
- Infrequent word finding 'tip of the tongue' problems
- Complaints of stable, poor memory for many years

Red flag memory symptoms

- Inability to recall recent events
- Loss of employment due to cognitive errors
- Lack of insight into third party concerns
- Disorientated or lost in familiar environments
- Forget names of relatives
- Inability to recognise everyday objects
- Word finding difficulties disrupting language evident in interview