

NICE recommendations for referral for direct access upper gastrointestinal endoscopy to assess for oesophageal cancer¹⁴

Offer urgent direct access upper GI endoscopy for:

- Dysphagia or
- Aged 55 and over with weight loss and any of the following:
 - Upper abdominal pain
 - Reflux
 - Dyspepsia

Consider non-urgent upper GI endoscopy for:

- Haematemesis
- Aged 55 or over with:
 - Treatment-resistant dyspepsia* **or**
 - Upper abdominal pain with low haemoglobin levels **or**
 - Raised platelet count with any of the following:
nausea; vomiting; weight loss; reflux; dyspepsia; upper abdominal pain **or**
 - Nausea or vomiting with any of the following:
weight loss; reflux; dyspepsia; upper abdominal pain

* Note BSG guidance suggests referral for urgent endoscopy in any patient > 55 with dyspepsia regardless of treatment response or presence of any other symptoms (see text)