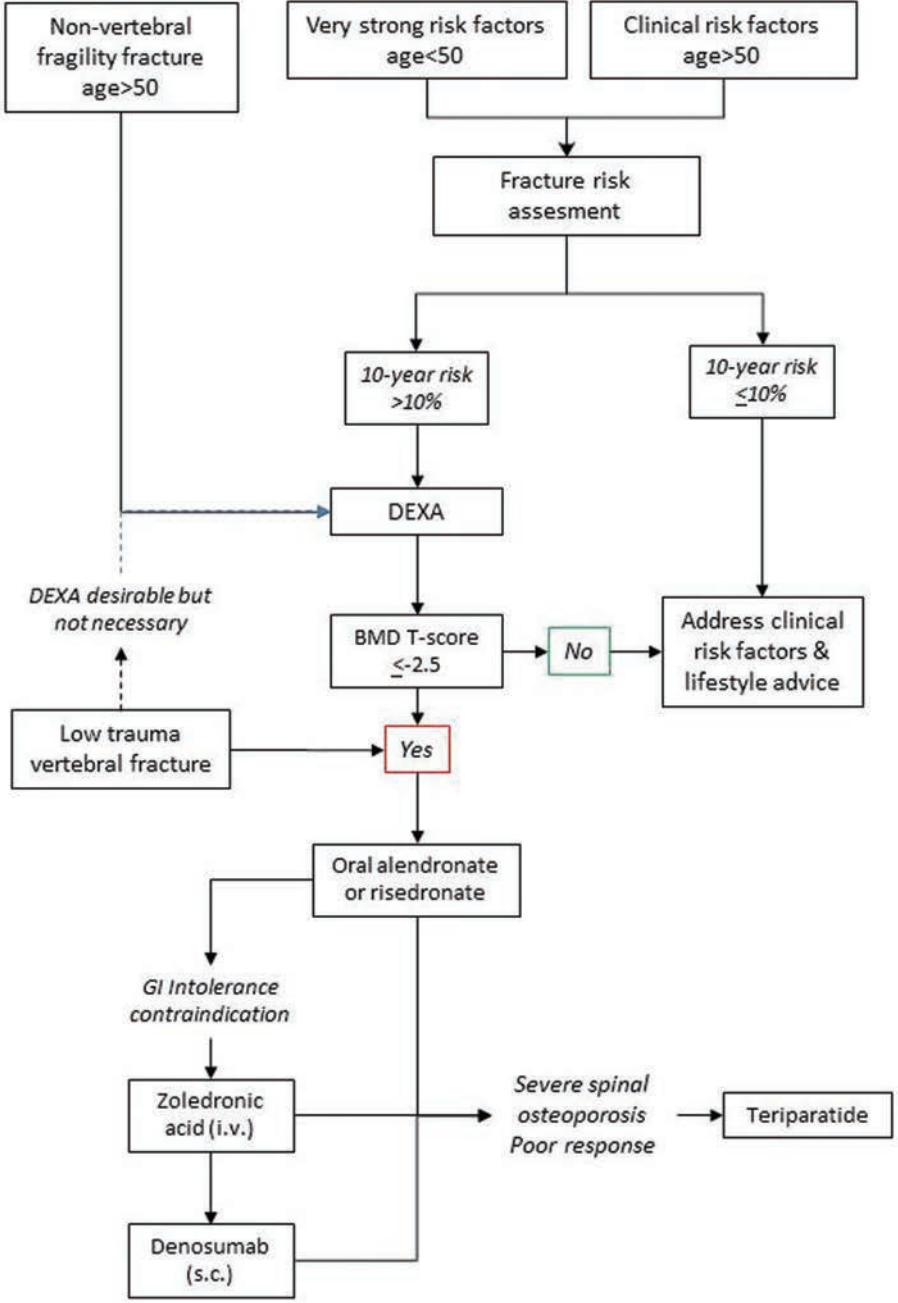
Non-vertebral fragility fracture age>50
Very strong risk factors age<50
Clinical risk factors age>50
Fracture risk assesment
10-year risk >10%
10-year risk ≤10%
DEXA
DEXA desirable but not necessary
BMD T-score ≤-2.5
No
Address clinical risk factors & lifestyle advice
Low trauma vertebral fracture
Yes
Oral alendronate or risedronate
GI Intolerance contraindication
Zoledronic acid (i.v.)
Severe spinal osteoporosis Poor response
Teriparatide
Denosumab (s.c.)