

Table 2

Risk factors for gestational diabetes⁵

- Body mass index > 30 kg/m²
- Previous gestational diabetes
- Previous macrosomic baby (≥ 4.5 kg)
- A first-degree relative with diabetes
- Ethnic group with a high diabetes population prevalence (South or East Asian, Middle Eastern, Afro-Caribbean, Hispanic)
- 2+ glycosuria on antenatal screening (or 1+ on two or more occasions during pregnancy)