

Table 4

Physical health checks ⁷

- Weight and BMI, diet, nutritional status and level of physical activity
- Cardiovascular status, including pulse and blood pressure
- Metabolic status, including fasting blood glucose, glycosylated haemoglobin (HbA_{1c}) and blood lipid profile
- Liver function
- Renal, thyroid function, calcium and lithium levels, for patients on lithium