

## Table 2

### NICE criteria for referral in bipolar disorder <sup>6</sup>

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- Poor or partial response to treatment
- Patient's work or social functioning declines significantly
- Treatment adherence is poor
- Intolerable or medically important side effects from medication
- Comorbid alcohol or drug misuse
- The patient stops medication after a period of relatively stable mood
- A woman with bipolar disorder is pregnant or plans a pregnancy