

Table 2

Summary of NICE recommendations

Management

- Offer patients with GORD a full-dose PPI for 4 or 8 weeks
- If symptoms recur after initial treatment, offer a PPI at the lowest dose possible
- If initial treatment for healing oesophagitis fails, consider switching to another PPI
- Offer a full-dose PPI long-term as maintenance treatment for severe oesophagitis
- Offer endoscopy to diagnose Barrett's oesophagus if individual risk factors are high

Indications for referral

- Patients of any age with gastro-oesophageal symptoms that are non-responsive to treatment
- Those with suspected GORD who are thinking about surgery
- Patients with *H.pylori* that has not responded to second-line eradication therapy