

Table 1

The benefits and risks of NSAID treatment in psoriatic arthritis

Benefits

- Symptom relief from pain and stiffness
- Eases spinal pain in ankylosing spondylitis (likely to help those with psoriatic arthritis)
- May be used as sole therapy in treating mild psoriatic arthritis

Risks

- May worsen skin psoriasis
- Increased, albeit small, risk of cardiovascular thrombotic disease with most NSAIDs (naproxen may be relatively safe)
- Risk of peptic ulcer disease and GI bleed
- Risk of renal side effects