Common causes of conjunctivitis, †	typical features and treatment
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Cause	Typical features	Typical treatment
Bacterial	 Gritty, red eye 	 Topical antibiotic course if severe (e.g. chloramphenicol
	 Sticky yellow discharge 	2 hourly for 2 days, then 4 hourly until 48 hours after
		resolution)
Viral	 Gritty, red eye 	 Lubricating eye drops
	 Watery discharge 	Cool compress
	A recent history of upper respiratory tract	 Advice re hygiene precautions (e.g. frequent hand
	infection is common	washing, avoid touching the eyes and sharing towels etc)
	Pre-auricular lymphadenopathy is common	
Chlamydial	 Subacute onset (2-3 weeks) 	Conjunctival swab
	Red eye with persistent mucopurulent discharge	• Oral antibiotics (e.g. azithromycin 1 g stat) after referral
	 Almost always sexually transmitted in adults 	to the genitourinary team
Allergic	Itchy, watery eye	Lubricants
	 Bilateral 	 Topical mast cell stabiliser ± topical/oral antihistamine
	 History of atopy 	