

Table 3

Bridging treatment for cluster headache

Oral corticosteroids	● 70-80% respond within 24-48 hours²³ ● Prednisolone 60 mg daily max (1 mg/kg/day) for 5 days, thereafter reducing dose by 10 mg every 3 days until stopped ● Maximum 3 courses in a year
Greater occipital nerve block	● Two thirds of patients pain free at 4 weeks¹⁷ ● Specialist centres only ● Can be carried out every 3 months if needed