

Table 5**Treatment options for induction of remission in ulcerative colitis based on NICE recommendations¹⁶**

	Proctitis or proctosigmoiditis	Left-sided colitis or extensive colitis
Mild to moderate colitis	Topical aminosalicylates alone or: Combined oral and topical aminosalicylates Oral aminosalicylates only (less effective) Topical corticosteroids [†] Consider adding oral corticosteroids to aminosalicylates [†]	High-dose oral aminosalicylates or Topical aminosalicylates can be added to oral aminosalicylates Consider adding oral beclometasone dipropionate to the above if not effective Oral corticosteroids [†] Consider adding oral corticosteroids to aminosalicylates [†]
Severe colitis	IV corticosteroids Consider adding IV ciclosporin, infliximab or surgery [§]	

[†] If aminosalicylates are contraindicated, not tolerated or refused by the patient during the first step of inducing remission (stop beclometasone dipropionate if adding oral prednisolone)

[†] If no improvement within 4 weeks of starting aminosalicylate therapy or if symptoms worsen despite treatment

[§] If little or no improvement within 72 hours of starting intravenous corticosteroids or if symptoms worsen at any time despite corticosteroid treatment (take into account the patient's preferences)