

Baseline investigations and monitoring for children and young people who are prescribed antipsychotic medication

	Baseline investigations before starting antipsychotic medication	Monitor weekly for the first six weeks	Monitor at twelve weeks	Monitor every six months thereafter	Monitor regularly throughout treatment, and especially during titration
Weight ¹ (plotted on a growth chart)	✓	✓	✓	✓	
Height ² (plotted on a growth chart)	✓			✓	
Waist and hip circumference (plotted on a percentile chart)	✓			✓	
Pulse	✓		✓	✓	
Blood pressure plotted on a percentile chart)	✓		✓	✓	
Fasting blood glucose	✓		✓	✓	
HbA _{1c}	✓		✓	✓	
Blood lipid profile	✓		✓	✓	
Prolactin level	✓		✓	✓	
Movement ^{2,3} disorders	✓				✓
Nutritional status, diet and physical activity	✓				✓
The side effects the patient is most or least willing to tolerate	✓				
ECG ⁴	✓				
Efficacy					✓
Side effects					✓
Adherence					✓

¹Calculate and document BMI (percentile).
²Even if no baseline assessment (and at each clinic visit if more frequent).
³Extrapyramidal symptoms, akathisia, dystonia and tardive dyskinesia
⁴If specified in the SPC for adults and/or children; a physical examination has identified specific cardiovascular risk (such as high blood pressure); personal history of cardiovascular disease (CVD); family history of CVD such as sudden cardiac death or prolonged QT interval; or the patient is being admitted as an inpatient.