

## **Table 1**

### **Factors affecting serum PSA (in addition to prostate cancer and BPH)**

- Urinary tract infection including prostatitis (can keep PSA elevated for months)
- Acute urinary retention
- Trauma
- Recent digital rectal examination (within 1 week): small rise
- Vigorous exercise (within 48 hours)
- Ejaculation within 24-48 hours
- Recent prostate biopsy, catheterisation, transurethral surgery