

Table 1

Point prevalence of common mental disorders in older people

Common mental disorder	Age 65-74 (%)	Age 75+ (%)
Mixed anxiety and depressive disorder*	6.4	5.9
Generalised anxiety disorder	3.3	2.6
Depressive episode	1.0	1.5
All phobias	0.3	0.1
Obsessive compulsive disorder	0.3	0.4
Panic disorder	0.5	0.5
Any CMD	10.6	9.9

* Subthreshold anxiety and depressive symptoms

Adapted from McManus S et al. Adult Psychiatric morbidity in England 2007: results of a household survey. NHS Information Centre for Health and Social Care 2009