

Table 3**Selection criteria for immunotherapy**

Inclusion criteria	● Severe allergic rhinoconjunctivitis with evidence of IgE-mediated allergy i.e. positive skin prick test or specific IgE to appropriate allergen ● Symptoms poorly controlled on optimal symptomatic treatment i.e. intranasal steroids plus antihistamines ● Patient is willing to accept the risk of local and systemic reactions and ● Patient shows commitment to long-term treatment requiring numerous visits to hospital
Exclusion criteria	● Significant symptoms to more than one allergen ● Severe or uncontrolled asthma ($FEV_1 < 70\%$ predicted) ● Other comorbidities which may increase the risk of systemic reactions or make treatment of anaphylaxis difficult e.g. severe coronary artery disease ● Pregnancy and breast feeding are relative contraindications and immunotherapy is not generally recommended during this period ● Beta-blockers and tricyclic antidepressants may interfere with the use of adrenaline. It is recommended that these drugs are changed to an alternative prior to immunotherapy ● Age <5 years