

Enhanced care

Case management¹⁸ ● Active follow-up e.g. by healthcare assistants
● Encouragement of patients to adhere to treatment and monitoring of depression symptoms
● Adjustment of treatment plans when patients do not improve

Collaborative care² Case management plus:
● Involvement of at least one other professional (nurse[†], psychologist, psychiatrist or pharmacist) in patient care
● Use of an evidence-based protocol
● Enhanced liaison between primary and secondary care

[†]e.g. specialised depression nurses trained to provide problem-solving treatment