Table 2

Current treatment for COPD

COPD stage	Treatment
All patients	● Smoking cessation ● Influenza and pneumococcal vaccination ● Weight management ● Pulmonary rehabilitation if breathless ● Short-acting bronchodilators
FEV_1 >50% predicted	● Long-acting bronchodilators
FEV_1 <50% predicted	● Inhaled corticosteroid/long-acting bronchodilator
FEV_1 <30% predicted	● Long-term and ambulatory oxygen ● Lung volume reduction surgery and transplantation
Also consider	● Theophyllines ● Mucolytics ● PDE4 inhibitor