Table 2

Currently available preparations of anticholinergic drugs

	Route of delivery	Adult dosage
Oxybutynin	Oral	(a) 2.5–5 mg, 1 to 4 times/day (b) 5–10 mg once daily (SR)
	Transdermal patch	One patch, twice/week (3.9 mg/24hours)
Propiverine	Oral only	15 mg, 2 to 4 times/day
Solifenacin	Oral only	5-10 mg daily
Tolterodine	Oral only	(a) 1–2 mg, twice daily (b) 4 mg, once daily (SR)
Trospium	Oral only	20 mg, twice daily
Darifenacin	Oral only	7.5 or 15 mg once daily (SR)
Fesoterodine	Oral only	4–8 mg once daily (SR)

SR=Sustained release