Box 2

American College of Rheumatology classification criteria for OA

OA of the knee

- Knee pain and at least three of the following:
  - Age >50 years
  - Stiffness <30 minutes
  - Crepitus
  - Bony tenderness
  - Bony enlargement
  - No palpable warmth

OA of the hand

- Hand pain, aching, or stiffness and three or four of the following:
  - Hard tissue enlargement of two or more of 10 selected joints*
  - Hard tissue enlargement of two or more DIP joints
  - Fewer than three swollen MCP joints
  - Deformity of at least one of 10 selected joints*

*Second and third DIP joints, second and third PIP joints and the first carpometacarpal joint of both hands