Table 1

Causes of ED[3,4]

Psychogenic

- Depression, schizophrenia, anxiety, situational

Organic

Vascular

- Risk factors: hyperlipidaemia, obesity, smoking, diabetes
- Secondary to trauma, Peyronie's disease, penile fracture, treatment for priapism

Neurological

- Multiple sclerosis
- Parkinson's disease
- Spinal cord injury

Endocrine

- Androgen deficiency
- Hypoprolactinaemia
- Hypo/hyperthyroidism
- Diabetes

Drugs

- Antihypertensives (especially diuretics and beta-blockers)
- Antidepressants
- Antipsychotics
- Antihistamines
- Alcohol
- Recreational drugs (eg cocaine/heroin)

Combination of organic and psychogenic