

Table 3

Red flag or alarm features in dyspepsia and reflux

- Dysphagia
 - Unexplained progressive weight loss of >3 kg
 - Epigastric mass
 - Iron-deficiency anaemia
 - Vomiting
 - Abnormal barium meal*
 - Chronic intestinal bleeding
 - Patient aged 55 or older with new-onset symptoms for more than 4 weeks
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*The use of barium meal is diminishing and some centres have now stopped offering it as an investigation in dyspepsia