

Table 1**Algorithm for the management of dyspepsia based on recommendations from NICE**

Dyspeptic symptoms:

Presence of 'alarm' or 'red flag' symptoms? —————▶ **Yes** Urgent endoscopy

No



Age 55 or older

and

new symptoms for more than four weeks]

————▶ **Yes** Urgent endoscopy

No



Lifestyle advice

H. pylori testing (serology)

————▶ **Positive** Triple therapy



H. pylori negative

or

Failure of response with confirmed eradication of breath testing



Trial of treatment dose PPI for four weeks

Consider other diagnoses (gallstones, coeliac disease, irritable bowel syndrome)

Trial of prokinetics (eg domperidone)

Consider referral for routine endoscopy or specialist advice