

## **Table 3**

### **Risk factors for vascular cognitive impairment in the general population, adapted from Zanon Zotin et al<sup>23</sup>**

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#### **Stronger risk factors**

- Hypertension (especially midlife hypertension)
- Obesity (especially midlife obesity)
- Smoking

#### **Weaker risk factors**

- Diabetes
- Dyslipidaemia (may have greater impact on AD)
- Sleep apnoea