

Table 1

Low dose aspirin therapy for women with risk factors for pre-eclampsia, adapted from NICE NG133⁵

Low dose aspirin is required from 12 weeks' gestation until birth for women with the following risk factors

High risk factors (one or more)

- Previous hypertensive disorder in pregnancy
- Autoimmune disease
- Type 1 or type 2 diabetes
- Chronic hypertension
- Chronic kidney disease

Moderate risk factors (two or more)

- First pregnancy
- Age 40 years or older
- BMI ≥ 35 kg/m² at first visit
- Interpregnancy interval > 10 years
- Family history of pre-eclampsia
- Multiple pregnancy