Table 4

Recommendations for monitoring patients with asymptomatic primary hyperparathyroidism who do not undergo parathyroidectomy[14]

Investigations	Frequency
Serum calcium	Annually
Skeletal	**A** DXA scan every 1–2 years (3 sites) **B** X-ray or vertebral fracture assessment of spine if clinically indicated (e.g. height loss, back pain)
Renal	**A** eGFR and serum creatinine annually **B** If renal stones suspected, 24-hr biochemical stone profile, renal imaging by X-ray, ultrasound, or CT