

NICE criteria for inpatient or residential assisted alcohol detoxification^{8,31}

Criteria for inpatient or residential assisted detoxification

- Drinking > 30 units alcohol per day
- Severity of Alcohol Dependence Questionnaire (SADQ) score > 30
- Epilepsy or seizures or delirium tremens during previous assisted detoxifications
- Need concurrent withdrawal from alcohol and benzodiazepines
- Regularly drink 15-30 units per day AND significant psychiatric or physical comorbidities OR a significant learning disability OR cognitive impairment

Groups that may benefit from a lower threshold for inpatient detoxification

- Frailty ● Multiple comorbidities ● Lack of social support ● Learning difficulties
- Aged 16 or 17 ● Cognitive impairment