

Table 1**Different types of cognitive impairment**

Normal cognition	No concerns about cognitive function reported or observed
Normal cognitive ageing	Age associated, non-pathological cognitive decline
Subjective cognitive decline	Self-reported concerns about memory or cognition that would not currently meet MCI or dementia diagnostic threshold
Reversible or transient cognitive decline	Cognitive decline secondary to medical or psychological conditions
Mild cognitive impairment	Cognitive decline greater than expected for age or educational level but not impacting on daily functioning
Dementia	Pathological, progressive, neurodegenerative process not a normal feature of ageing resulting in cognitive and functional decline