Table 1

Definitions of normoglycaemia and prediabetes according to different guidelines

Guideline	Normoglycaemia	Prediabetes
ADA	FPG < 5.6 mmol/L (< 100 mg/dL)	IFG-ADA:FPG 5.6-6.9 mmol/L (100-125 mg/dL)
WHO	FPG < 6.1 mmol/L (< 110 mg/dL)	IFG-WHO:FPG 6.1-6.9 mmol/L (110-125 mg/dL)
OGTT 2 hr PG	2 hr PG < 7.8 mmol/L (< 140 mg/dL)	IGT:2 hr PG 7.8-11.1 mmol/L (140-199 mg/dL)
ADA HbA_{1c}	HbA_{1c} < 39 mmol/mol (5.7%)	HbA_{1c} 39-46 mmol/mol (5.7-6.4%)
IEC HbA_{1c}	HbA_{1c} < 42 mmol/mol (6%)	HbA_{1c} 42-46 mmol/mol (6.0-6.4%)

2 hr PG = two hour postload plasma glucose ADA = American Diabetes Association FPG = fasting plasma glucose
HbA_{1c} = glycated haemoglobin IGT = impaired glucose tolerance IEC = International Expert Committee
IFG = impaired fasting glucose IFG-ADA = impaired fasting glucose (ADA definition)
IFG-WHO = impaired fasting glucose (WHO definition) OGTT = oral glucose tolerance test