

## Box 2

### **DSM-5 diagnostic criteria (simplified)<sup>14</sup>**

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**A** Presence of obsessions or compulsions, or both

**B** These are time-consuming (i.e. more than one hour per day) OR cause clinically significant distress or impairment

**C** Not attributable to physiological effects (e.g. from medication)

**D** Not better explained by another mental disorder