

Assessment of physical health ⁹

- Weight and BMI, diet, nutritional status and level of physical activity
- Cardiovascular status, including pulse and blood pressure
- Metabolic status, including fasting blood glucose, glycosylated haemoglobin (HbA_{1c}) and blood lipid profile (particularly important if the patient is treated with an antipsychotic)
- Liver function
- Renal and thyroid function, calcium, and three monthly lithium levels in patients taking long-term lithium
- Smoking status, with offer of assistance with smoking cessation if indicated