Table 1

Complications of nephrotic syndrome

	Cause	Management
Oedema	● Low serum albumin ● Salt retention	● Salt restriction ● Fluid restriction ● Loop diuretics
Thrombosis	● Altered production of clotting factors ● Urinary loss of clotting factors	● Avoid immobility ● Prophylactic LMWH if an inpatient with albumin < 30 g/L ● Consider full anticoagulation if albumin < 20 g/L
Hyperlipidaemia	● Increased hepatic synthesis of LDL cholesterol	● Statin ± ezetimibe
Cardiovascular disease	● Hyperlipidaemia ● Endothelial dysfunction	● Meticulous assessment of traditional risk factors (weight, BP, cholesterol etc)
Infection	● Urinary loss of immunoglobulins	● Low index of suspicion ● Immunisation ● Early antibiotics