

Table 1**Key positive symptoms of psychosis**

Symptom	Description	Example
Delusion	Fixed, false belief that is culturally inappropriate and persists despite evidence to the contrary	The belief that animals control the internet with the intention of interfering with your job prospects
Hallucination	A perception in the absence of an external stimulus	Auditory: Hearing voices in schizophrenia Visual: Simple visual hallucinations such as flashes of light or complex ones such as seeing faces Touch: A feeling of insects crawling on the skin in alcohol withdrawal Smell: Unpleasant olfactory hallucinations in depression Taste: Gustatory hallucinations of a taste of poison in paranoia
Thought disorder	Unusual thought form; thoughts do not follow logically from each other; thought block (interruption); reported interference with thought possession	Bizarre or disorganised speech: 'I am going to the happy or not, let's spot, going to the - do you see? Do you see?' Disorders of thought possession: The belief that one's thoughts are controlled by an external agency, in schizophrenia