Table 3

Recommendations for the treatment of non-cognitive symptoms of dementia[3]

Non-cognitive symptoms	First line	Second line	Drugs not recommended
Agitation/psychosis	Psychosocial and environmental interventions *	Low-dose antipsychotic (caution in LBD and PDD) *	Valproate
Depression/anxiety	Psychological therapy **		Routine use of antidepressants
Insomnia	Sleep hygiene, exercise and light exposure **		Melatonin

PDD = Parkinson's disease dementia LBD = Lewy body dementia *offer **consider