Box 2

Assessment of suspected mental health disorders during the postpartum period[13]

- A history of any mental health problems during pregnancy, the postnatal period and/or at other times
- Physical wellbeing (including weight, smoking, nutrition and activity level) and history of any physical health problem
- Alcohol and drug misuse
- The woman's experience of pregnancy and any problems experienced by her or the baby
- The mother-baby relationship
- Any past or present treatment for a mental health problem, and response to any treatment
- Social networks and quality of interpersonal relationships
- Living conditions and social isolation
- Family history (in a first-degree relative) of mental health problems
- Domestic violence and abuse, sexual abuse, trauma or childhood maltreatment
- Housing, employment, economic and immigration status
- Responsibilities as a carer for other children and young people or other adults