

Obstetric management for obese women

- Consultant led obstetric care required if BMI ≥ 35 kg/m²
- Elective induction to reduce risk of emergency caesarean section
- 1:1 midwife care during labour
- Post-delivery thromboprophylaxis if they have one or more additional risk factors
- Post-caesarean prophylactic antibiotics
- 150 mg aspirin from week 12/40 if their BMI is ≥ 35 kg/m² and they have an additional moderate risk factor
- Folic acid 5 mg from conception
- Early screening for mental health problems