

Table 1**Increased risks in pregnancy due to obesity for mother and child**

Increased risks for the mother

- Maternal death or severe morbidity
- Cardiac disease
- Recurrent miscarriage
- Spontaneous first trimester miscarriage
- Pre-eclampsia
- Gestational diabetes
- Thromboembolism
- Post caesarean wound infection
- Infection
- Postpartum haemorrhage
- Low breastfeeding rates
- Development or deterioration of maternal depression

Increased risks for the baby

- Stillbirth
- Neonatal death
- Congenital abnormalities
- Prematurity