Table 1

Diagnostic criteria for premenstrual syndromes

Organisation	Criteria	Diagnostic term	Number of mood and physical symptoms required	Can include the exacerbation of another psychiatric disorder?	Requires significant functional dysfunction?	Prevalence in women of reproductive age
American Psychiatric Association	DSM-V	Premenstrual dysphoric disorder (PMDD)	5/11 symptoms, (one of which must be from a list of four specific mood symptoms)	No	Yes	5%
American College of Obstetricians and Gynecologists	N/A	Premenstrual syndrome (PMS)	1/6 mood symptoms and 1/4 physical symptoms	Yes	Yes	30%
World Health Organization	ICD-10	Premenstrual tension syndrome (PMTS)	1/9 mood symptoms or one physical symptom	Yes	No	80%
International Society for Premenstrual Disorders	N/A	Prementrual disorders (PMD)	Unspecified (may be physical or mood symptoms)	Unspecified	Yes	Unclear