

## **Essential information for patients about living kidney donation**

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- Living donor kidney transplantation is the very best treatment for end-stage renal disease
- It is possible to avoid dialysis completely if there is a suitable available donor
- A donor does not have to be genetically related to the recipient
- There are options for living donation even if the donor is a different blood group or ethnic group from the recipient
- All potential donors undergo a thorough assessment
- Nobody is permitted to donate unless their short- and long-term risks are low
- The absolute risk of a serious complication for living donors is small
- All donors are offered lifelong follow-up
- It is possible to donate a kidney to a stranger
- Typically the experience of being a living donor is positive