

The Royal College of Physicians three questions to identify individuals with good, recent symptomatic control of asthma

- In the past month:
- Have you had difficulty sleeping because of your asthma symptoms (including cough)?
 Have you had your usual asthma symptoms during the day (cough, wheeze, chest tightness, or breathlessness)?
- Has your asthma interfered with your usual activities (e.g. housework, work/school, etc)?
- NB No to all three questions indicates good control