

Table 2

Common cardiovascular risk factors

- Age
- Male sex
- Ethnicity
- Family history of premature cardiovascular disease
- Hypertension
- Diabetes mellitus
- Hyperlipidaemia
- Presence of atherosclerotic disease in another vascular bed
- Previous history of ischaemic heart disease
- Chronic kidney disease
- Cigarette smoking
- Abdominal obesity
- Increased alcohol intake
- Sedentary lifestyle