

**Table 2****Symptoms of food allergy****IgE mediated****Dermatological**

- Pruritus
- Erythema
- Urticaria
- Angioedema

**Gastrointestinal**

- Abdominal pain
- Nausea and vomiting

**Respiratory**

- Cough
- Wheeze
- Sneezing
- Rhinitis and rhinorrhoea

**Cardiovascular**

- Change in behaviour
- Lethargy
- Loss of consciousness
- Hypotension

**Non-IgE mediated****Dermatological**

- Pruritus
- Eczema

**Gastrointestinal**

- Gastro-oesophageal reflux
- Colic
- Abdominal pain
- Constipation
- Diarrhoea
- Blood or mucus in stool
- Vomiting
- Food aversion
- Faltering growth