

## **Table 2**

### **Differential diagnosis of depression in children and adolescents**

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#### **Normal**

- Sadness
- Adolescent mood changes
- Grief/bereavement
- Premenstrual tension

#### **Psychiatric illness**

- Anxiety
- Eating disorder
- Substance misuse
- Bipolar affective disorder
- ADHD

#### **Medical conditions**

- Endocrine e.g. thyroid, diabetes
- Haematological e.g. anaemia, cancer
- Neurological e.g. headaches/chronic pain/epilepsy
- Infections/inflammatory:  
e.g. pneumonia, TB, HIV
- Side effects of medications  
e.g. methylphenidate, corticosteroids