

Table 1

Health check components for patients with dual diagnosis

General health assessment

- To include blood tests for liver, thyroid and renal function
- Neurological examination if patient reports loss of sensation, blackouts or confusion
- Respiratory examination if patient smokes tobacco or other drugs
- Gastrointestinal examination if patient is misusing alcohol

Routinely monitor for cardiovascular and metabolic indications of morbidity

Weight, blood pressure, lipids, blood glucose.

Be aware that anabolic steroid misuse can cause hypertension, hypercholesterolaemia, thromboses and an increased risk of stroke and myocardial infarction.

Nutritional assessment

Give thiamine if clinically indicated; healthy eating advice

Treatment of direct complications of injecting drug use

DVT, abscesses, infection

Advice and testing for blood-borne viruses

HIV, hepatitis B and hepatitis C. Including advice about hepatitis B immunisation

Sexual health advice

Contraception advice; STD screening; cervical cancer screening

Smoking cessation advice and NRT

Information about local NHS dentists