

Q-CHAT-10 quantitative Checklist for Autism in Toddlers

A quick referral guide for parents to complete about their toddler (18 – 24 months) with concerns about autism.

For each item, please circle the response which best applies to your child:

	A	B	C	D	E
1	Always	Usually	Sometimes	Rarely	Never
2	Very easy	Quite easy	Quite difficult	Very difficult	Impossible
3	Many times a day	A few times a day	A few times a week	Less than once a week	Never
4	Many times a day	A few times a day	A few times a week	Less than once a week	Never
5	Many times a day	A few times a day	A few times a week	Less than once a week	Never
6	Many times a day	A few times a day	A few times a week	Less than once a week	Never
7	Always	Usually	Sometimes	Rarely	Never
8	Very typical	Quite typical	Slightly unusual	Very unusual	My child doesn't speak
9	Many times a day	A few times a day	A few times a week	Less than once a week	Never
10	Many times a day	A few times a day	A few times a week	Less than once a week	Never

SCORING: For questions 1-9: if you circle an answer in columns C, D or E, score 1 point per question. For question 10: if you circle an answer in columns A, B or C, score 1 point. Add points together for all ten questions. If your child scores more than 3 out of 10, the health professional may consider referring your child for a multi-disciplinary assessment.

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12.



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