

## Table 3

### Information to be included when referring patients to a memory clinic

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- Patient's consent to the referral
- Named carer and consent to contact the carer if available
- Any special communication needs e.g. interpreter, sign language
- A short description of the history and impact on functioning of the presenting memory problem
- A full physical screening
- Blood and urine tests as per dementia protocol
- Mental health check: screen for depression and anxiety, and consider using an appropriate measure (e.g. PHQ9, GAD7)
- Cognitive screen (e.g. MMSE or GPCOG)
- Physical and mental health history and current medication
- Any known risk factors, for example relating to driving